



Weekends at 6am and 9am ET




sprout
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DO THE YOU

words & music by Tim Burns

There's a whole lot of dances in this big wide world
Some are fast and some are slow
You can waltz the waltz, you can twist the twist,
Or have a go-go at the tango..

But if you're confused, and find it hard to choose
There's one dance I guarantee you just can't lose...

Do the YOU, Do the YOU,
I'll do the me, you do the YOU!

Listen to the beat. Let it talk to your feet,
And make the moves that I know only you can do! Yeah!

Do the You! Do the You!
I'll do the me, you do the You!

Make it smooth, or make it funky
Tap out a groove, or be a monkey..

Just listen to your heart, it'll know where to start,
It doesn't matter if it's old or new,
So let your feelings come on through
You'll always be the best it's true,
When you do the ... YOU!