



My Energy

**This is me, this is me
This is me and my energy
This is me, this is me
This is me and my energy**

**I'm gonna wiggle my legs
I'm gonna click my heels
I'm gonna stomp my feet
Because I have energy**

This is me...

**I'm gonna wave my arms
I'm gonna shake my hips
I'm gonna jump to the sky
Because I have energy**

This is me...

**I'm gonna clap my hands
I'm gonna shake my head
I'm gonna yell out loud
Because I have energy
This is me...**



Laurie Berkner, songwriter

Use these lyrics to help your child learn the words to the songs on Jack's Big Music Show.



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